



POST BOTOX/DYSPORT TREATMENT INSTRUCTIONS

WHAT RESULTS SHOULD I EXPECT?

- Botox and Dysport reduce muscle contraction in the injected areas.
- You can expect to see a reduction in facial movement in the treated area (ex: reduced ability to scowl, raise eyebrows, less lines or crow's feet around the eyes when smiling).
- The lines and wrinkles that are present with your face at rest may be softer but will likely be present.
- Over time, with repeated injections, you may experience softer resting lines.

WHEN CAN I EXPECT TO SEE RESULTS?

- It can take approximately seven to ten days for results to be seen. If the desired result is not seen after two weeks, you may need additional Botox/Dysport.

HOW CAN I LESSEN THE CHANCE OF SIDE EFFECTS?

- Avoid massaging or manipulating the treated areas for the rest of the day.
- Do not lie down for at least four hours following your Botox/Dysport treatment.
- Avoid activities involving straining, heavy lifting or vigorous exercise for at least ____ hours.
- Avoid wearing tight hats or headbands for the rest of the day if the forehead was treated.

WILL I BE CHARGED FOR ADDITIONAL INJECTIONS FOR TOUCH-UPS?

- Yes, we do typically charge for touch-ups. We charge based on the volume of product used, and some patients may need more injections to get the best result.
- We would rather you come in for a touch-up than have too much product injected at the initial visit. We can always add, but we cannot take back what has already been injected.
- If you are unsure about your result, send us a photo through Klara and we will let you know if you should come back for a touch-up. If no additional injections are needed, there is no charge.

HOW CAN I PROTECT MY INVESTMENT?

- Apply a topical hyaluronic acid to hydrate the skin and augment the effects of your treatment. (ex: SkinMedica HA5, available in our skincare boutique)
- Do not receive facial/laser treatments or microdermabrasion after injections for at least ten days. Ask your provider if you are not sure about the appropriate time frame of certain services.
- Schedule Botox/Dysport treatments at three to four month intervals.
- If you have any questions, message us on Klara with photos and a description of your concern.

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