



POST CARE FOR ESKATA™ TREATMENT

WHAT TREATMENT WAS PERFORMED TODAY?

You had one or more seborrheic keratoses treated with Eskata.

WHAT ARE SEBORRHEIC KERATOSES (SK'S)?

Seborrheic Keratoses are benign spots that are very common and tend to increase with age. They are often inherited. They do not require treatment unless they are inflamed, but some patients seek treatment for cosmetic improvement.

WHAT CAN I EXPECT AFTER THIS TREATMENT?

- The discomfort you may be experiencing will most likely subside in 10-15 minutes.
- Areas treated may fester or blister. If the blisters are uncomfortable, you may pop the blister, but do not pull off the skin.

HOW DO I CARE FOR THE TREATED LESIONS?

- Do not wash treated areas for the rest of the day.
- Once daily, gently clean areas with mild soap and water, pat dry and apply a small amount of antibiotic ointment or Vaseline to each spot treated. Do this until the treated sites are completely healed.
- Vinegar soaks are not required but may be helpful for healing and reduction of risk of infection. Instructions are below.
 - 1 Tbsp white vinegar in 1 pint warm water; soak with soft cloth or gauze for 10-15 minutes; pat dry; apply ointment and bandage; repeat 1-2 times daily until healed.
- For any discomfort, you may take Tylenol or Ibuprofen (Advil).
- Watch for any signs of infection such as unusual redness, swelling, pain, tenderness or yellow drainage. If any of these should occur, please message us on Klara or call the office at 205.877.9773.

WHEN SHOULD I EXPECT THE SK'S TO IMPROVE?

- Most patients require two to three sessions of Eskata treatments, each separated by four to six weeks.
- The initial treatment price of \$500 covers up to two retreatment sessions (of previously treated SK's).

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