

How to use **Atralin, Retin-A Micro, Tazorac, Differin, Ziana** or **tretinoin**

- Use once daily (pm only if Ziana or generic tretinoin)
- Squeeze a pea-sized amount onto index finger (dispense 2 pumps of Retin A pump)
- Using index finger, dab product evenly over forehead, cheeks, nose and chin (or to specific areas as directed)
- Remember: Some redness and peeling is normal and will likely get better; it may take up to 3 months to see a noticeable improvement, so be patient!!

To decrease irritation, try one or more of the following

- Wait at least 30 minutes after washing before applying product
- If using a medicated wash such as benzoyl peroxide or other prescription acne medication, apply product at opposite time of day
- Apply product over moisturizer or mix with moisturizer before applying
- Use product every other day or every third day if you still have irritation

These and many other acne medications are ***not proven to be safe during pregnancy***. Please notify your doctor immediately if you become pregnant while on any acne medications.