

### **Post Biopsy Wound Care**

1. Keep dressing dry and in place for 24 hours. Then change daily.
2. After removing the initial dressing, begin vinegar soaks. See instructions below.
3. Keep biopsy site protected with antibiotic ointment or vaseline. Do this 1-2 times a day until wound has healed.
4. You can expect some minor discomfort or tenderness. There may also be a small amount of oozing.
5. If you experience any bleeding, hold direct pressure to biopsy site for 10 min. Pressure must remain constant. If site is still bleeding after 10 min call our office.

### **Vinegar soaks**

1. Mix 1 tablespoon white vinegar with 1 pint of warm water.
2. With a soft cloth or gauze, soak biopsy site for 15 minutes with dilute vinegar solution.
3. After each soak apply Vaseline or antibiotic ointment and bandage.
4. Repeat at least once daily until wound healed.