

Acne therapy with oral doxycycline (Adoxa, Adoxa Pak, Doryx)

- Take with food and at least 8 ounces of water or juice (not milk).
- Do not take within 2 hours of taking antacids, iron or vitamins or consuming dairy products as this may lessen the effectiveness of the medicine.
- Do not lie down within 1 hour of taking the medication.
- DO NOT take if you are planning on becoming pregnant, not taking measures to avoid pregnancy, or become pregnant. This medication is known to cause birth defects.
- You may be more sensitive to sunlight. If you experience a severe sunburn, notify your doctor.
- Call your doctor if you develop a rash.
- It is important to use a topical antibiotic such as benzoyl peroxide to decrease the likeliness of becoming resistant to this antibiotic. Your doctor will prescribe a topical medication or recommend an appropriate over-the-counter alternative.
- Be patient as it may take weeks to months to see noticeable improvement!